Department of Urology

University at Buffalo The State University of New York

| FRIDAY, OCTOBER 28, 2022 |

Department of Urology

K. Kent Chevli, MD Chairman Teresa Danforth, MD Program Director



Message from the Chairman

K. Kent Chevli, MD



Despite the challenges we continue to face today, it has been an amazing year of growth and stability for the Department of Urology. Now, with a sense of excitement and optimism for the future of urology, we embark on another academic year in the Department.

I'd like to welcome a new faculty member, Jeffrey Spencer, M.D., who will be helping mentor our residents. Dr. Spencer comes to us from Venice, Florida where he was with GenesisCare USA of Florida, LLC. Before this, he received his MD from the University at Buffalo School of Medicine in 2014 and did his Urology residency at SUNY Upstate Medical University, completing his training in 2019. We are thrilled to have Dr. Spencer join our department. Recognition of hard work also needs to be paid to Kyle Waisanen, M.D., PGY-5 resident. Dr. Waisanen will be the recipient of the 3rd Annual Resident Clinical Innovation Award with your submission titled, Direct Urethral Sphincter Stimulation for Stress Urinary Incontinence. Dr. Waisanen will be awarded for his hard work at the LUGPA 2022 Annual Meeting in Chicago on November 10-12.

M.D., Teresa Danforth, our Department Program Director, is collaboratively working, as the study Urologist with the Behavioral Science Department on a \$3.3 million grant funded by NIH. The grant is for a clinical research study, Easing Pelvic Pain Interventions Clinical Research Program (EPPIC). Dr. Danforth, along with Tova Ablove, M.D., and Principal Investigator, Jeffrey Lackner, Psy.D., aim to use this for an evidence-based clinical research program for patients with treatmentresistant pelvic pain. We are elated and proud of Dr. Danforth for her accomplishments for her this and role in study.

We've had both residents and faculty active in publications. Faculty member, David Abramowitz, M.D., and PGY-5 resident, Kyle Waisanen, M.D. both had papers published recently. We recognize all faculty and resident scholarly activity and will continue to help them with their research goals.

Resident interviews will be held in the coming months for the 2023 academic year. Our residents have a strong hand in shaping the trajectory of the program and I am confident we will once again have some excellent Matches. While our residents change every year with the Match and graduation, our program remains steadfast: unparalleled excellence in education, training, research, and urology care. Wishing you and your families a Happy Fall.

Welcome, Dr. Spencer



Please welcome Dr. Jeffrey Spencer.

Dr. Spencer joined our department on September 12th. He's spent the last year with GenesisCare USA of Florida, LLC. in Venice, FL. He received his MD from the University at Buffalo School of Medicine and completed his Urology residency training at SUNY Upstate Medical University in 2019.

Dr. Spencer brings to us knowledge and experience with robotics, oncology, Holmium laser, and reconstruction training, which he will be sharing with our residents. We are thrilled to have Dr. Spencer join our team.

Easing Pelvic Pain Interventions

Clinical Research Program

We are honored to announce that our Program Director, Dr. Teresa Danforth, is collaboratively working, as the study Urologist with the Behavioral Science Department on a \$3.3 million grant funded by NIH. The grant is for a clinical research study, Easing Pelvic Pain Interventions Clinical Research Program (EPPIC). Dr. Danforth, along with Tova Ablove, M.D., and Principal Investigator, Jeffrey Lackner, Psy.D., aim to use this for an evidence-based clinical research program for patients with treatment-resistant pelvic pain. We are elated and proud of Dr. Danforth for her accomplishments and for her role in this study.

The EPPIC study builds upon 20 years of high-quality research conducted by the team and that of their colleagues at UCLA and University of Michigan. This research is important because there are no satisfactory medical or dietary treatments for relieving the painful symptoms of interstitial cystitis/ bladder pain syndrome (IC/BPS) or chronic prostatitis/ chronic pelvic pain syndrome (CP/CPPS). Due to their unpredictability and burdensome symptoms, those who suffer are desperate for a solution, as are busy medical professionals like you who care for them.

EPPIC patients will receive one of two self-management treatments designed to help them manage refractory symptoms using drug-free strategies proven effective in relieving challenging pain disorders. All study related evaluations/treatments will be provided locally and at no cost to the patient.

Congratulation, Dr. Danforth!



Dr. Waisanen Resident Clinical

Innovation Award

Dr. Waisanen has been selected by the LUGPA Board of Directors and the LUGPA Forward Committee as the winner of the 3rd Annual Resident Clinical Innovation Award. His submission, titled, Direct Urethral Sphincter Stimulation for Stress Urinary Incontinence, stood out to the selection committee above all other submissions. For his hard work, Dr. Waisanen will be honored during the LUGPA 2022 Annual Meeting in Chicago on November 10-12.

Please join us in congratulating Dr. Waisanen on his well deserved award!



Faculty and Resident Publications

Recently, we've had one faculty member and one resident have papers published.

Faculty member Dr. David Abramowitz had a paper published in The Canadian Journal of Urology. This paper, titled "<u>Novel Peyronie's algorithm at the time of penile implant</u>" was featured in the August 2022 issue.

PGY-5 resident Dr. Kyle Waisanen had a paper published in The International Journal of Urologic History. This paper, titled "<u>A Cut Above the Rest: The Historic Perspectives of Circumcision and Anesthesia</u>" was featured in the July 2022 issue.



2022 Resident Interview Dates

The SAU has mandated that all Urology programs conduct resident interviews virtually again for the 2022 season.

This year, we will hold two interviews on November 5 and December 3.



Resident Wellness

On July 21, 2022, residents met out at The Pancake House for a breakfast wellness event. Residents enjoyed pancakes and each other's company during their time away from clinical duties.



New Advances Transform Treatment

of Prostate Cancer

Medscape Nurses published an article titled, "New Advances Transform Treatment of Prostate Cancer."

The article can be read on the Medscape Nurses page here: <u>https://rb.gy/im9n2b</u>

UroCare Live Sessions

UroCare Live has two great virtual sessions to view.

The first session, titled, "Paradigm Shifts and Point-of-Care Decisions for Better Control of Urothelial Carcinoma/Bladder Cancer" can be viewed here: https://rb.gy/rjk7dk

The second session, titled, "Expanding the Role of Radiopharmaceuticals for Prostate Cancer Management" can be viewed here:

https://rb.gy/elusq9

CME Corner

Please use the links below to access current courses for CME credit:

Expanding the Role of Radiopharmaceuticals for Prostate Cancer Management

This activity was released on May 3, 2022 and is valid until May 3, 2023. Requests for credit must be made no later than May 3, 2023.

Additional CME Credit Topics

myCME Courses

Department of Urology

Presentations by Visiting Professors

Sharon Nolan-Weiss, UB Diversity, presented "Sexual Harassment Training and "What is Diversity?"" at the Department of Urology Grand Rounds conference on Thursday, September 8th.

Stephanie Gallagher, UroLift Specialist, presented **"Hands-On UroLift Credentialing**" at the Department of Urology Grand Rounds conference on Thursday, September 29th.

Dr. Diana Wilkins, Assistant Dean for Graduate Medical Education, presented "**Giving Feedback & Residents as Educators**" at the Department of Urology Grand Rounds conference on Thursday, October 13th.

Scholarly Activity

Awards and Recognition

<u>Patrick Vecellio, MD</u>: Reappointed as a resident member to the University at Buffalo Residents Committee (UBRC). July 2022.

<u>Bryson Cook, MD</u>: Appointed as a resident member to the University at Buffalo Residents Committee (UBRC). July 2022.

Journal Articles

Ellen Lutnick; <u>Kyle Waisanen, MD</u>; Kevin Pranikoff, MD. <u>A Cut Above the Rest: Historic</u> <u>Perspectives of Circumcision and Anesthesia</u>. International Journal of Urologic History, Volume 2. July 1, 2022.

If you have any news that you'd like to contribute to the next issue of the newsletter, please email them to Steve Crowe at scrowe2@buffalo.edu.

