

Circumcision

Circumcision is a surgical procedure that involves the removal of foreskin around the penis.

PREPARING FOR SURGERY - THINGS YOU SHOULD KNOW:

1. You will be admitted to the outpatient area the day of your surgery. You will go home the same day.
2. If you are on COUMADIN, ASPIRIN, IBUPROFEN, or drugs for ARTHRITIS or INFLAMMATION, please make sure this office is aware.
3. If you take blood pressure medication, you may take it with a sip of water the morning of your surgery.
4. If you take ANTIBIOTICS prior to dental work or have an orthopedic prosthesis, or if you were told by another physician to take antibiotics prior to surgery, please call the office.
5. No eating or drinking after midnight the night before your surgery except for blood pressure or heart medicine as mentioned above **IF YOU ARE HAVING GENERAL ANESTHESIA.**
6. No alcohol 24 hours prior to surgery.
7. We suggest you wear comfortable clothing.
8. You will be receiving either local or general anesthesia for this surgery. If receiving a general, you will see an anesthesiologist who will discuss this with you prior to your surgery.

If you are having general anesthesia, you will require a ride home.

RECOVERING FROM SURGERY - WHAT TO EXPECT:

1. You will be discharged after your surgery.
2. You should have a driver take you home from the Hospital.
3. You will receive a prescription for pain medication after your surgery.

Do not take ASPIRIN, COUMADIN, or any blood thinners for at least 3 days after your surgery. Your physician will give you specific directions.

INSTRUCTIONS - POST CIRCUMCISION

- **ACTIVITY:** It is okay to take a shower. Be sure you dry the area thoroughly. **NO BATHING.**
- **DRIVING:** It is okay to drive when you are not taking the pain medication.
- **PAIN MEDICATION:** You will be given a prescription for pain medication; take as needed.

INCISION CARE:

1. Apply ice to the surgical area with an ice bag. Do not apply ice directly to the skin.
2. If dressing is applied, remove as directed.
3. Apply antibiotic ointment to surgical area 2-3 times a day for one week.
4. If bleeding occurs, apply pressure with clean gauze pad or napkin between two fingers for 5 minutes. If bleeding continues call the office.

ASPIRIN BLOOD THINNERS: Do not take any aspirin or aspirin containing products or arthritis medication, for three days after procedure. You may take Tylenol for mild discomfort.

SEXUAL ACTIVITY: NO SEXUAL ACTIVITY until seen at follow-up and so directed.